**Self-Evaluation of Goals**

**Student Prep:** Students should complete the Self-Evaluation and Grade Calculation worksheets before coming to class.

**Collaborative Lab:** *Students should be placed in the same groups they were for the Goal Setting Lab***.** Have students work through the **Self-Evaluation - Collaborative Lab** instructions**.** Students talk in groups about their responses to the questions on the self-reflection worksheet. You may structure this conversation for groups that are having trouble sharing, but they should have plenty to talk about. Students talk about the calculation of their grades and are asked to answer questions about what grades they can still obtain (a nice, useful, and interesting application of algebra). The concept of goal setting and their important attributes is revisited from the Goal Setting Lab.

**Debrief:** This is a good time to reflect on the quarter for the students (and the instructor). Help them keep up their motivation and effort by asking them to revisit why they are in school, who it affects, and what they need to do to be successful. Since this lab is very introspective and personal a full class debrief may not make sense for your students.

*Students will be asked to write down another goal (or two) in response to their evaluation of their goals. Students should be reminded that having* ***realistic and measureable*** *goals is incredibly important.*

**Self-Reflection Worksheet**

**Instructions:** Answer the following questions as completely as possible.

*What were your goals for this Quarter?*

*Now that we are four weeks into the quarter, how would you rate yourself on a scale of 1 – 10 on your progress towards those goals?*

*What specifically has helped you to achieve your goals?*

*What specifically has hindered you as you have attempted to make progress towards your goals?*

*What is your current grade in the course (see Grade Calculation Worksheet)? Is it the grade you hoped to have? Why or why not?*

**Grade Calculation Worksheet**

**How to compute your grade: (this is only an example)**

Exam 1 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 100

Exam 2 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 100

Quiz 1 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 50

Quiz 2 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 50

HW 1 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 25

HW 2 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 25

WW #1 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 5

WW #2 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 5

WW #3 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 5

WW #4 your grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible grade = 5

Your total \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possible total = 370

Compute: \_\_\_\_\_\_\_\_\_ This is your current grade.

Are you happy with your current grade?

Did you expect this to be your grade in the course?

**Self-Evaluation - Collaborative Lab**

**Instructions:**

1. Starting with the person sitting the closest to the door, summarize your self-reflection worksheet to the group. Be sure to share the rating you gave yourself (1-10) and what factors influenced this rating.
2. After everyone has shared their self-reflection worksheet, begin to talk about your grades in the course. Be sure that everyone has calculated their grades correctly. Ask your instructor for help if you are having trouble with this step.
3. Finally, going clockwise around the group, share a new goal that you have for the quarter. Be sure this goal is **realistic** and something that you can **measure**. If you are having trouble creating a goal, ask the other members of the group to help you with this.
4. Write this new goal down and hand it to your instructor at the end of the lab.